

Tips For University of Alaska Advocates



Vanessa Garcia, Alaska State Representative, and Legally Free, LLC founder, Vanessa Garcia.

Communicate with your
University of Alaska
advocates, and
be a good listener.

What are your contact options?

- A - Alaska State Representative
- B - Alaska State Senator
- I - Alaska State Representative / Senator
- C - Alaska State Representative / Senator
- UA - Alaska State Representative / Senator
- D - Alaska State Representative / Senator

Effective communication

Tip: When you contact your
University of Alaska
advocate, be clear and
concise. Use the
following tips to help you
communicate effectively:

- 1. Be clear and concise.
- 2. Use the "I" statement.
- 3. Be respectful.
- 4. Listen to the other person's perspective.
- 5. Be open to compromise.
- 6. Be persistent.
- 7. Be patient.
- 8. Be polite.
- 9. Be professional.
- 10. Be respectful.

Tip: Be a good listener

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