

University of Alaska Benefits Quick Access Links

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UA Choice Vision Plan - VSP Vision Care

Flexible Spending Accounts - ASIFlex

Flexible Spending Account - Medical

Flexible Spending Account - Dependent Care

Health Savings Account - Bank of America

UA Wellness Program

[Employee Assistance Program](#) (ComPsych [Login](#))

Confidential Emotional Support (includes 8 sessions of short-term counseling)

Work/Life Solutions (includes child/elder care finder)

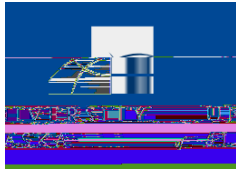
Legal Assistance

Financial Education

Online Support, Wellness Coaching, and Interactive Digital Tools

Mobile App ([Apple](#) / [Google](#))

[UA Perks](#) (Special deals and discounts for all UA employees from Corestream)



[Faculty Time Off](#)

[Sick Leave](#)

[Holidays](#)

- 12 Systemwide Holidays
- Personal Holiday (one per fiscal year)

[Faculty Sabbatical](#)

[Parental Leave](#)

[Short-term Disability](#)

[Long-term Disability](#)

[Leave Share](#)

[Jury Duty Leave](#)

[Military Leave](#)

[Annual Leave](#)

[Sick Leave](#)

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